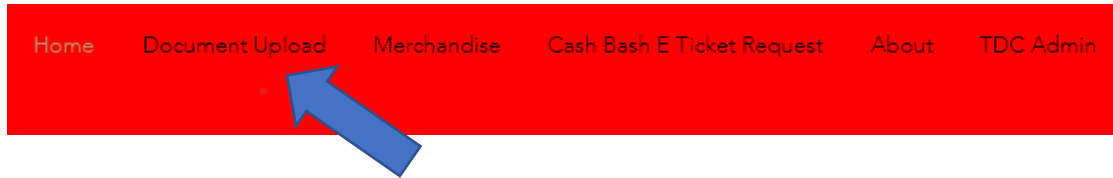# Document Upload Instruction

Step 1: Go to tdcjfl.org and click on the "Document Upload" link at the top of the Page
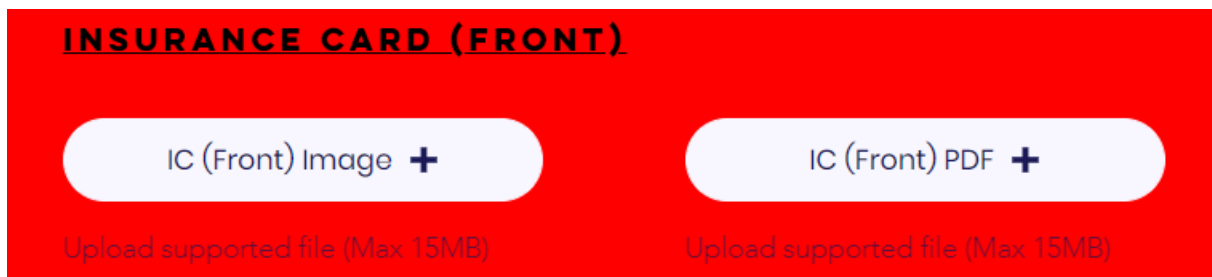

Step 2: On the "Document Upload Form" Enter your Player's First and Last Name and the Program that they are participating in this year

Note a link to the IHSA Sports Physical has been provided for your convenience along with a Comment Field

Step 3: Go to the appropriate Document Section and click on the Upload Button for the file you would like to attach

Note that due to the limitations of the site, Images (Pictures) and PDF's must uploaded separately. Be sure to select the correct upload button for each document type.
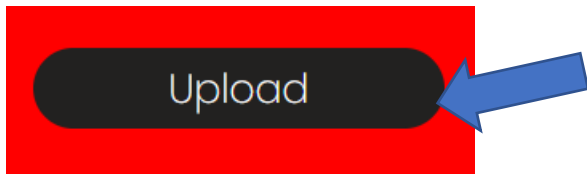
Document Upload Instruction

After your file selection is complete, you will see the document file name under the upload button,

Continue through all the Document Selections until complete

Step 4: Once all the documents are selected for each Document Section click on the "Upload" button at the bottom of the page.

Note that due to the size of the files, it may take up to a minute for the upload to complete. Once files are uploaded you will be redirected to a confirmation page with the following message

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Thank you for your Submission

Please return to the Document Upload Page if further submissions are required

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Return